

## IBEW Local 347 Electrical Workers Health & Welfare Fund Hosts Annual Screening To Detect Your Risk For Stroke!!

## Plan Participants, Spouses & Covered Adult Children FREE!

"In 2014, I was 38 years old and had 2 very young children. My husband was an apprentice with IBEW Local 347. I have never been very proactive about my health, so when we received notice about the stroke screening, I initially didn't think much of it. Then I took the time to sit down and read the material and I was enticed that they were offering real tests (blood work, ultrasounds, etc). It didn't hurt that it was also free, so we signed up. The process of the stroke screening was straight forward and painless. The stenographer taking ultrasounds of my carotid arteries (located in my neck) told me that I had cysts on my thyroid. She gave me paperwork explaining my condition and encouraged me to have my thyroid checked by a doctor. Over the course of many doctors visits, a biopsy and eventually the removal of my entire thyroid, it was determined that I did have thyroid cancer. Fortunately the cancer was caught early and now I am happy to say that I am cancer free and doing great! When I think back on the series of decisions I made I am happy that I was proactive.

There were many opportunities I could have easily decided not to act because I didn't want to hear the results, didn't have time or felt like I was over-reacting. One thing I know with absolute certainty is if the wonderful people at IBEW Local 347 and Stroke Detection Plus had not worked so hard to make this easy and affordable opportunity available to me, I would still have thyroid cancer today. I think of my husband and young children and I am eternally grateful to every person who made that stroke screening happen because it was their hard work and dedication that very well could have saved my life!" Alena & Clinton O'Connor, Member Local 347

Iowa Central Community College East Campus - Rm #205 2031 Qual Ave, Ft Dodge, IA 50501 Saturday, August 26th, 2023 7:00 AM - 11:00 AM

Appts. are Necessary! Call Nichole Chumbley @515-243-1924 to get scheduled today!

NO FASTING REQUIRED!!!

## Ultrasound Screenings Biometrics & Bloodwork

**Stroke Screening:** This screening visualizes the buildup of fatty blockage in the carotid arteries. This condition causes the majority of strokes.

**Abdominal Aortic Aneurysm (AAA):** This screening visualizes the existence of an aneurysm in the abdominal aorta that can rupture and be fatal.

**Peripheral Arterial Disease (PAD):** This screening checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral arterial disease.

Height, Weight, Waist, Hip, BMI & Blood Pressure and a full Chemistry Panel, which is an excellent tool that provides a high level evaluation of the body's major organ functions including the heart, liver, kidney, gland, nerve,

bone & muscle functions. An imbalance in any of these levels can suggest a wide variety of acute or chronic illnesses. Also included this year are:

Hemoglobin A1C for all

Thyroid Stimulating Hormone (TSH) for women & Prostate Specific Antigen (PSA) for men.

FLU SHOTS WILL BE AVAILABLE!!